

MANAGING HEALTH BY MAKING IT PERSONAL



Dossia empowers employers, health plan administrators and providers with the visibility and control required to effectively manage their population's health and wellness, while empowering members to adopt and sustain healthier lifestyles.

Dossia's 2-tiered Health Solution is a combination of two exciting and powerful web-based empowerment portals that provide customers complete HIPAA compliant visibility into the services delivered by Dossia; the real-time status of a population's health and care compliance, and control of communication and behavior-change programs at their fingertips.

What Dossia Does

- The Dossia Health Manager™ unifies personal health information currently fragmented throughout health plan, provider and pharmacy records into a single, consumer-friendly personal health record
- Delivers personalized, actionable solutions to maximize value from their healthcare spending
- Empowers personal accountability to lower disease risk while better managing chronic conditions
- Integrates game and peer support with incentives and targeted messaging to foster sustained engagement and incremental behavior change
- The Dossia Dashboard™ enables population health professionals to easily administer health programs using real-time data analytics

How Dossia Does It

Unlike other health & wellness platforms, Dossia enables:

- Real-time data analytics that show results right now, not in weeks or months
- Health interventions that can be customized for your population, not rigid, inflexible 'solutions'
- Personalized and engaging health-promoting experiences, not one-size fits all 'health programs'
- Tools to quantify and validate real results, not unaccountable, feel-good, check-the-box wellness reports



For the Consumer

- Aggregates all personal health information to one centralized source
- Lifelong personal health record; with access to peer support & personalized health improvement programs

For the Employer

- Population-level analytics with prescriptive rules enable customized health interventions
- Dashboard reporting aligns engagement with a value-based benefit design strategy

Results

- Improved outcomes maximize cost savings
- Real-time reporting and analytics quantify ROI...In Real Time!



Dossia's Customers

- **Self-Funded Employers** who want to identify avoidable costs and lessen health claim exposure
- **Health & Wellness Providers** who want a system that aggregates and integrates wellness with professional data to provide prescriptive care strategies for holistic treatment
- **Health Plans/ACOs** who want to promote best value services while driving healthy outcomes with extensive monitoring and tracking capabilities
- **Concierge Medicine** providers who want to prescribe personalized treatments with a tool they can use to track and quantify patient progress
- **Third Party Administrators** who want to align wellness, population management and benefit plans with one centralized administrative and implementation platform

Sample of Current Dossia Users



For more information:

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